# 2025 Community Resource Guide
# – Service Providers –

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Lucas County Children Services has composed a Community Resource Guide which includes a list of community service providers, the type of service provided, a brief description of the service, targeted population, cost, and contact information. This Resource Guide will assist in choosing what programs and services are being offered in our community to help fight against Child Abuse and Neglect as well as strengthening families.


For more information, edits and additions, please contact:
**Maleeka Kynard** | 419-213-3654 | maleeka.kynard@jfs.ohio.gov

# Adult Mental Health

**Arrowhead Behavioral Health**
1725 Timber Line Rd., Maumee, OH 43537
419-891-9333 | https://arrowheadbehavioral.com/
Cost: Medicaid and Private Insurance
*Inpatient mental health program, inpatient chemical dependency treatment and inpatient dual diagnosis treatment.*

**Attain Behavioral Health**
3231 Central Park West # 106, Toledo, OH 43617
888-442-2323 | https://www.attainbh.com/
Cost: Medicaid and Private Insurance
*Drug & Alcohol Rehab | Addiction Treatment In Toledo, Ohio*
*Attain Behavioral Health is a health system specializing in addressing all avenues and disciplines of behavioral health. The goal of Attain Behavioral Health is to help those in our care attain a healthy life and well-being.*

**Benchmark Behavioral Health**
500 Madison Ave., Toledo, OH 43604
419-690-4544 | https://benchmarkih.com/
Cost: Medicaid
*Intensive outpatient Program which includes Mental health and behavioral health disorders and with the various types and levels of treatment that have proven to be most effective.*
*Psychiatry services also provided.*

**Caregiver Grove**
1946 N. 13th St., Suite 450 Toledo, OH 43604
419-214-0799 | https://www.caregivergrove.com/
Cost: Medicaid and Private Insurance
*Treatment program focuses on utilizing client-centered approaches for individuals choosing to live a life without the use of substances, including alcohol.*
****Disability Services also offered*

**Charlie Health**
Email: admissions@charliehealth.com
Online: https://outreach.charliehealth.com/regions/midwest
Fax: 406-720-7793
Admissions Phone: 866-491-5196
*Charlie Health is providing life-saving mental health treatment to ages 11-34.*
*Our virtual intensive outpatient program combines personalized care with peer connection to foster long-term healing. Charlie Health uses an evidence-based approach that's proven to work that has been an effective treatment option for many. The best part is, everyone can participate from the comfort of their own homes.*
*Making a referral to Charlie Health -- Please share patient name, DOB, contact info, and insurance (if possible) through your preferred channel.*

**Empowered For Excellence Behavioral Health**
3170 W. Central Ave., Toledo, OH 43606
567-316-7253 | https://www.efebhoh.org/
Cost: Medicaid and Private Insurance
*Diagnostic assessments, Psychiatry, nursing, group, individual and family counseling, and integrated case management.*

**Family Child Abuse Prevention Center**
2460 Cherry St., Toledo, OH 43608
419-244-3053 | https://www.fcapc.org/
*Services we offer: individual therapy including Trauma Focused Cognitive Behavioral Therapy, support group options, psychiatric care and medication management, coordination of care, and advocacy*
***EMDR trained*

**Harbor**
3909 Woodley Rd. Toledo, OH 43606
** Multiple locations for Mental Health Services
419-725-3330 | https://www.harbor.org/
Cost: Medicaid and Private Insurance
*Diagnostic assessments, counseling, psychiatric services, Group therapy, and mental health day treatment.*

**Healing Courageously**
2602 Nebraska Ave Toledo, Ohio 43607
(419) 318-9121
Website: www.healingcourageously.org
Email: administrator@healingcourageously.org
Target Audience: Ages 5-65
Insurances: We accept Medicaid and Private insurances
*Healing Courageously provides the following services: Psychotherapy: families, individual, couples, Christian Counseling, Case Management, Day Treatment: Skills building, Group therapy: Maternal mental health, Boys talk, Girls chat, and Nurturing Parenting*

**H2O - Helping 2 Overcome Systems**
19 N Erie St Toledo, Ohio 43604
(567) 315-8102
Website: https://www.helping2overcomesystems.com/
Insurance Accepted: Medicaid
Services: We provide personalized care to help individuals and families overcome challenges and thrive. Through four key areas—Comprehensive Behavioral Support, School-Based Services, Family Cohesiveness, and Personal Growth & Development—we provide a well-rounded foundation for lasting change.
Our five core services include:

- **Adult Mental Health:** Tailored support to empower adults in managing their mental health.
- **Youth Mental Health:** Specialized care for children and teens to build resilience and well-being.
- **Family Support:** Strengthen family connections with guidance and resources.
- **Substance Abuse Services:** Comprehensive support for recovery and lasting change.
- **Telehealth:** Convenient, accessible care from anywhere.

**Lutheran Social Services of Northwestern Ohio**
2149 Collingwood Blvd., Toledo, OH 43620
419-243-9178 | https://www.lssnwo.org/
Cost: Medicaid
*Diagnostic assessments, counseling, and psychotherapy.*

**New Concepts Behavioral Health**
111 S. Bryne Rd., Toledo, Ohio 43615
419-531-5544
www.newconcepts.org
New Concepts Behavioral Health in Toledo, Ohio offers a variety of services, including:

- **Behavioral Health Care**: Comprehensive mental health services for individuals of all ages.
- **Substance Use Treatment**: Programs for substance use disorders, including medication-assisted treatment.
- **Counseling Services**: Individual, group, and family counseling to support recovery.
- **Case Management**: Care coordination to help clients navigate their treatment options.
- **Assessment and Evaluation**: Screening and assessment services to determine treatment needs.
- **Supportive Programs**: Services designed to promote lifelong wellness and recovery.

**New Perspectives**
500 Madison Ave. Suite 340 Toledo, Oh 43604
419-360-8251 | www.newperspectivessoberliving.org
Target Population: Men, ages 18 years or older
Cost: Medicaid and most third-party Insurances. Private pay is available (sliding fee).
*Provides an alternative, temporary supportive environment for adult men ages 18 years or older, who are currently in recovery from a drug and/or alcohol addiction. We serve our community by helping men gain the skills to maintain a stable, productive life, free from drug and alcohol addiction.*

**Sophia Counseling Center**
5335 Silica Dr., Sylvania OH 43560
419-882-4529 | https://sophia.center/
Cost: Medical and Private Insurance
*Whether clients are searching for individual, group, family, or couples/marriage counseling, Sophia Center is ready to help clients identify and resolve the difficulties in the client's life and guide them along their unique path to inner wellness. Their counselors are highly experienced, caring professionals who strive to assist others in living their lives as well-balanced, passionate, and confident individuals.*

**St Vincent Hospital- Mercy Health Toledo Trauma Recovery Center**
2213 Cherry St., 2nd floor Toledo, OH 43608
419-251-0707
https://www.mercy.com/locations/specialty-locations/other-locations/mercy-health-toledo-trauma-recovery-center?utm_source=google&utm_medium=organic&utm_content=local_website_link
Cost: Grant Funded

- *Outpatient program that provides services to victims of crimes within the last 3 years.*
- *Trauma-Focused Counseling, group therapy, legal and court advocacy to assist victim.*
- *The Survivors Journey: A group for anyone that has been victimized abused or exploited or experienced child abuse, DV, Sexual Assault, sex trafficking and is seeking recovery from their trauma. Group meets every other Thursday from 4:30pm-6pm. Open group.*

**Talbot Health Services**
732 Main St., Toledo, OH 43605
833-762-1013 | https://talbothealthservices.com/
Cost: Medicaid and private insurance
*Offers comprehensive support to individuals struggling with mental health challenges, including Therapeutic Behavioral Services (TBS).*

**Team Recovery**
Corporate Headquarters: 4888 Whiteford Road, Toledo, OH 43623
844-561-5433 (LIFE)
Website: https://theteamrecovery.org/
Email: admissions@theteamrecovery.org
Population Serviced: 18 and older
Insurance: Medicaid, Ohio Medicaid eligible and Self-Pay

Outpatient Address: 4352 West Sylvania Avenue Suite A Toledo, OH 43623
*Outpatient Services: Ambulatory Detox, PHP, IOP and OP. Medication Assisted Treatment (MAT), Peer Support Services, Crisis Team, Case Management, Individual Therapy, Day Treatment.*
*ORH Recovery Housing available separately.*

Inpatient Address: 5217 Monroe Street Toledo, OH 43623
*Inpatient Services: Inpatient Detox, Inpatient Residential (up to 30 days), Medication Assisted Treatment (MAT), Peer Support Services, Crisis Team, Case Management, Individual Therapy, Day Treatment*

**The Healing Place of Supportive Partnerships**
23 N. Summit St. Toledo, Ohio 43604 - Second Floor
(419) 588-2299 | info@thptoledo.org
Cost:
- We are in the process of getting paneled and obtaining certification from the OMAS and accreditation through The Joint Commission- which should happen within the next 3 months.
- Until then all referrals from LCCS will be provided for free.

*Individualized trauma therapy, trauma healing groups, intensive outpatient treatment, and psychoeducational classes.*

**The Hearts Haven Counseling**
Toledo Location: 3454 Oak Alley Court, Toledo Ohio 43615 (Suite 304 and Suite 305)
Perrysburg Location: 134 West South Boundary Street, Perrysburg Ohio 43551 (Suite AA)
Leonna Jackson LISW-S, LICDC Owner and Therapist
Ph: 567-694-5028
Fax: 567-429-0185

**Services and specialized interventions:** Individual counseling for adults, Individual counseling for children and adolescents age 5-17 years of age, couples and marriage counseling, family counseling, and diagnostic assessments. The Heart's Haven Center for Counseling has therapists specializing in Eye movement desensitization and reprocessing therapy (EMDR), Trauma. Depressive disorders, anxiety disorders, eating disorders, grief, obsessive compulsive disorders, gender dysphoria, life transitions, and emotional support animal assessment/evaluation.

**Unison Health**
1212 Cherry St., Toledo, OH 43608
419-693-0631
https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp
Cost: Medicaid and Private Insurance
*Diagnostic assessments, counseling, psychiatric services, Group therapy, and mental health day treatment*
****Adult Sex Offender Counselor Available (Ask for: Donita McGuire) at Bowling Green location*

**Vital Health**
111 Clinton St., Maumee, OH 43537
419-740-3022 | https://vitalhcare.com/
Cost: Medicaid and Private Insurance
*Multi-disciplinary mental health practice providing a combination of individual therapy and medication management to adolescents, adults and seniors while implementing primary care services as well. Services include comprehensive assessment and treatment of mental health and addiction concerns.*

**Willow Center**
5565 Airport Hwy #100 Toledo, OH 43615
419-720-5800 | https://willowcenter.com/
Cost: Private insurance only
*Counseling services for individuals, couples, and families.*

**Zepf Center**
Two Location:
- 2005 Ashland Ave., Toledo, OH 43620
- 905 Nebraska Ave. Toledo, OH 43607

419-841-7701 | https://www.zepfcenter.org/
Cost: Medicaid and Private Insurance
*Diagnostic Assessment services, individual therapy services, medication management and monitoring, crisis intervention, community Psychiatric Supportive treatment program, and wellness support groups*

**Willow Center**
5565 Airport Hwy #100 Toledo, OH 43615
419-720-5800 | https://willowcenter.com/
Cost: Private insurance only
*Counseling services for individuals, couples, and families.*

# Anger Management

**Harbor**
800 Commerce Drive
Perrysburg, Ohio 43551
419.872.2419
Cost: Medicaid, Medicare and other private insurance
*This program is designed for adults who have difficulty managing feelings, have experienced negative consequences after losing control of their anger, and want to learn healthy ways to manage anger or aggressive behaviors.*

**Lutheran Social Services of Northwestern Ohio**
2149 Collingwood Blvd., Toledo, OH 43620
419-243-9178 | https://www.lssnwo.org/
Cost: $50 flat fee for the initial assessment session. The group sessions are on a sliding fee scale based on household size and income and range from $18.50 to $47.50
Timeframe: 12 Weeks
Target Population**:** 18 and Older
*This class takes a Cognitive-behavioral approach to dealing with anger. Participants will learn and be able define anger, understand their triggers, understand the short- and long-term outcomes of anger, learn to use social interaction skills, etc.*

**Providence Center**
Beach House Ashland - 2283 Ashland Ave., Toledo, OH 43620
419-244-0666 | https://www.lfhtoledo.org/beach-house-ashland
Cost: LCCS Contract (Send referrals to Coordinator of Client Services)
Timeframe: 10 Weeks
Target Population**:** 18 and Older
*This class takes a Cognitive-behavioral approach to dealing with anger. Participants will learn and be able define anger, understand their triggers, understand the short- and long-term outcomes of anger, learn to use social interaction skills, etc.*

**Unison Health**
1212 Cherry St., Toledo, OH 43608
419-214-4673 | https://www.unisonhealth.org/
https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp
Cost: Medicaid covered; private insurance; has to pay out of pocket: $130 for a DA, $60/Session; financial assistance can be granted for coverage
Target Population**:** 18 and Older
*Individualized behavioral health treatment for conditions involving anger management. Utilizes a combination of Dialectical Behavioral Therapy and Cognitive Behavioral Therapy to help clients learn their triggers and cues for anger, coping skills, communication and assertiveness skill while improving stress management. Attend at least 9-week group sessions.*

# AOD Meetings

**Alcohol Anonymous**
https://toledoaa.com/meetings/

**Gamblers Anonymous**
https://www.gamblersanonymous.org/ga/location/state/table/VA/

**Heroin Anonymous**
https://toledoareaha.com/

**Narcotics Anonymous**
https://natoledo.com/meetings.html

# Domestic Violence - Batterers

**Family & Child Abuse Prevention Center**
2460 Cherry St., Toledo, OH 43608
419-244-3053 | https://www.fcapc.org/
Cost: $30/Intake, $20/Session- Self pay no insurance accepted (26 Weeks)
Target Population**:** 18 and Older
*This program is designed for individuals that have been referred for treatment and follows the Emerge Abuser Model. The Batterer's Intervention Program works to confront the behaviors and attitudes of men towards domestic abuse and provides education and tools to change their behaviors and beliefs.*

**Lutheran Social Services of NW Ohio**
2149 Collingwood Blvd., Toledo, OH 43620
419-243-9178 | https://www.lssnwo.org/
Cost: $50/Intake, $18.50 - $47.50/group based on income and household size (26 Weeks)
Target Population**:** 18 and Older
*This program will equip individuals who have difficulty addressing problems in more calm and effective ways.*

**Providence**
Beach House Ashland - 2283 Ashland Ave., Toledo OH 43620
419-244-0666 | https://www.lfhtoledo.org/beach-house-ashland
Cost: $20/Session (26 Weeks)
Target Population**:** 18 and Older
*This program helps clients learn and identify some personal characteristics associated with their personal histories, different types of abuse, and effective communication/relationship strategies as they move through the 3-phase process.*

**Unison Health**
1212 Cherry St., Toledo, OH 43608
419-214-4673 | https://www.unisonhealth.org/
**Group meets at Starr Ave. location
Cost: $130/Assessment, $60/Session, Medicaid, financial assistance can be granted for coverage as needed
Timeframe: 18 Weeks
Target Population**:** 18 and Older
*Based on the Duluth Model is for men who have committed intimate partner violence. Those referred are expected to be able to identify that they have committed an act of partner violence or will be unable to attend.*

# Domestic Violence - Survivors

**Attain Behavioral Health**
3231 Central Park West # 106, Toledo, OH 43617
888-442-2323 | https://www.attainbh.com/
Cost: Insurance
Target Population: 18 and older
Timeframe: Scenarior
*The program aims to create a safe space for healing, empowerment, and recovery for those who have experienced domestic violence.*

**Family & Child Abuse Prevention Center**
2460 Cherry St., Toledo, OH 43608
(Project Access) 419-244-3053 ext. 227 | https://www.fcapc.org/
Cost: No, grant funded
Timeframe: 16 weeks
Target Population: 18 and up

- ***Project Access:*** *assists victims of domestic violence and their children. Project Access case managers can provide information about domestic violence, assist with safety planning, advocate on your behalf, and link you with community resources. Confidential help provided at no cost to individuals.*
- ***Survivor To Thriver:*** *The program is designed to support women who are either currently experiencing domestic violence or for those who have survived it in the past. The Survivor to Thriver program helps women to understand what a healthy relationship is and learn skills to help them thrive in life independently and with self-love. Contact: (419) 244-3053 ext. 231*

**Providence**
Beach House Ashland - 2283 Ashland Ave., Toledo OH 43620
(419) 244-0666 | https://www.lfhtoledo.org/beach-house-ashland
Cost: Contracted service (Referrals need to be submitted to the contract department)
Target Population: 18 and up
Timeframe: 16 Weeks
*Participants will learn and be able to: define domestic violence, know the warning signs, understand the difference between healthy and unhealthy relationships, identify the tactics that abusers use to gain power and control over their victims, understand how domestic violence effects their children, etc. Curriculum used: Trauma informed approach through the Duluth Model and CBT (Cognitive Behavioral Therapy)*

**The Healing Place of Supportive Partnerships**
23 N. Summit St. Toledo, Ohio 43604 - Second Floor
(419) 588-2299 | info@thptoledo.org
Cost:

- We are in the process of getting paneled and obtaining certification from the OMAS and accreditation through The Joint Commission- which should happen within the next 3 months.
- Until then all referrals from LCCS will be provided for free.

*Individualized trauma therapy, trauma healing groups, intensive outpatient treatment, and psychoeducational classes.*

**Unison Health**
1212 Cherry St., Toledo, OH 43608
**Group meets at Cherry St location
419-693-0631 | https://www.unisonhealth.org/
Cost: $130 assessment/ $60 session, Medicaid and some private insurance
Target Population: 18 and up
*DBT (Dialectical Behavior Therapy) is used when treating DV survivors. The main goal is to teach the survivor how to live in the moment, cope healthily with stress, regulate emotions and improve relationships with others.*

**YWCA of Northwest Ohio - Toledo**
1018 Jefferson Ave., Toledo, OH 43604 | https://www.ywcanwo.org/
Cost: Contracted service (Referrals need to be submitted to the contract department)
Target Population: 18 and up
Timeframe: ONGOING
*Individual domestic violence counseling offered via telehealth and domestic violence advocacy.*

# Parenting

**Attain Behavioral Health**
3231 Central Park West # 106, Toledo, OH 43617
888-442-2323 | https://www.attainbh.com/
Cost: Insurance/Medicaid
Timeframe: 12 weeks
Target Population: 18 and older
*Parenting Together: Nurturing Strong Families. This is a 12 week program and utilizes Cognitive Behavioral Therapy, Trauma Informed Care, Dialectical Behavioral Therapy, Mindfulness, Psychoeducation, Triple P Parenting*

**Baby University**
860 Orchard St., Toledo, OH 43609
419-346-9425 | https://babyutoledo.com/contact/
Cost: Free
Timeframe: 10 Weeks
Target Population: Expectant mothers and parents of children 0-7
*Parenting workshop for low-income families in South Toledo. Sets the foundation for for for building and sustaining supportive relationships and offers one-on-one home visits via Parent Advocates. Uses Nurturing Parenting Curriculum. Transportation is provided.*

**Center of Hope Family Services**
4447 Talmadge Rd., Suite H Toledo, OH 43623
419-861-4400 | https://www.cohfs.org/
Cost: Grant Funded/No Cost
Timeframe: 12 weeks
Target Population: Parents of children 0-17 yrs. involved with LCCS
*COHFS provides evidence-based family education, parenting groups, mentoring and mental wellness services and a unique Cooking Up Hope program for parents and children. Read about our family education programs below. "Nurturing Parents," a 12-week program that allows parents to connect and support one another. The program is free of charge, with meals provided. The program ends with a graduation for you, and your guests. Please complete all of the information below to enroll in this exciting program!*

**Family and Child Abuse Prevention Center (FCAPC)**
2460 Cherry St., Toledo, OH 43608
419-244-3053 | https://www.fcapc.org/
Cost: Free
Timeframe: 12 Weeks
Target Population: Parents of children ages 0-6, However, if there are other children in the home older, FCAPC will still be able to work with the family.
*This is a free 12-week open parenting class with observations offered. The caveat to the observations is that your client will have to have a Diagnostic Assessment (DA) from FCAPC. If your client does not need observations (possibly a non-offending parent) they can attend without having to have a DA. The classes are individual and are not offered in a group setting.*

**Harbor**
3909 Woodley Rd., Toledo, OH 43606
419-475-4449 | https://www.harbor.org/
Cost: Free
Timeframe: 10 weeks
Target Population: Parents of children ages 0-6
*Promising Connections is a 10-week home visiting and tele-services program that focuses on teaching parents' strategies to use when children are having difficult behaviors and need to build positive relationships The Triple P Parenting Curriculum is used.*

**OhioGuidestone**
1832 Adams St., Toledo, OH 43604
419-720-9247 | https://ohioguidestone.org/
Target Population: Parents of children ages 3-8

- In order for a client to be referred to this parenting program, they must have a diagnostic assessment/evaluation unless one has been completed by another agency within the past 6 months. Clients are seen in their home as scheduled with a clinician providing the service. There will be four (4) parent-child observations completed.
    - Cost: Insurance/Medicaid
    - Timeframe: 16 Weeks

Target Population: Parents of children 0-6

- PLEASE NOTE: NP will accept a referral for a parent who has children older than 6, however, they have to have a child 0-6 in the home per the grant.
- Nurturing Parenting Group: An evidence-based program that is family-centered and trauma informed. The program is designed to build nurturing parenting skills as a alternative to abusive and neglectful parenting and child-rearing practices. The program is skill focused, competency-based programs designed to correspond to the developmental age level of children: pre-natal; birth to five years; school age; adolescence and adult and teen parents. There will be four(4) parent-child observations completed.
    - Cost: Grant funded, no cost
    - Timeframe: 16 Weeks (CLOSED GROUP)

**Providence (Beach House Ashland)**
2283 Ashland Ave., Toledo OH 43620
419-244-0666 | https://www.lfhtoledo.org/beach-house-ashland
Cost: LCCS Contract
Timeframe: 12 Weeks
Target Population: Children 0-18 and their caregivers

- CHILDREN 0-3: Parenting class for parents of young children. Classes cover educational information related to child development, safety, discipline, etc.
- CHILDREN 3-18: Parenting class for caregivers of children 3-18. Teaches a variety of positive parenting skills.
- Parent Support: Parent/child observations and coaching

**The Sophia Counseling Center**
5335 Silica Dr, Sylvania, OH 43560
(419) 882-4529 | https://sophia.center/
Cost: Medical and Private Insurance
*Whether clients are searching for individual, group, family, or couples/marriage counseling, Sophia Center is ready to help clients identify and resolve the difficulties in the client's life and guide them along their unique path to inner wellness. Their counselors are highly experienced, caring professionals who strive to assist others in living their lives as well-balanced, passionate, and confident individuals.*

# Sex Offender

**Community Teaching Homes, Inc**
6715 Dorr St., Toledo, OH 43615
(419) 868-1178 | https://www.cthohio.org/
Cost: Medicaid and private insurance
Target Populations:

- Youth 5-17:
  *Sexually Reactive Youth, Youth w/sexually abusive behavior, Juvenile Sex Offender- Assessment. They also provide a group home setting for youth that is highly specialized.*
  - Timeframe: At least 60 days for effective treatment
- Target Population: All youth
  *Community Teaching Homes, Inc. (CTH) is a private nonprofit agency who is uniquely designed to provide a continuum of care for person served with mental health, addiction, childhood maltreatment, sexual abusive behaviors, and other behavioral health concerns. CTH was established in 2002 with the vision of creating a continuum of services while promoting opportunities for youth and families to build healthy, healing relationships.*

**Unison Health**
544 E. Woodruff Ave., Toledo, OH 43604
Email: SOT@unisonhealth.org
https://www.unisonhealth.org/
https://www.unisonhealth.org/locations/toledo/woodruff-avenue/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp
Cost: Clients with Medicaid, board funding, or ability to pay full fee can be served
Timeframe: Fridays 1pm-3:30pm
Target Population: 18+
*Unison will accept referrals for individuals who are required to register and those who do not but have had convictions that were sexually motivated/had a sexual component to them or those who plead down to avoid having to register.*

# Substance Use

**Above & Beyond Care Behavioral Health**
701 Jefferson Ave., Toledo, OH 43604
https://aboveandbeyondcare.org/
Facebook: https://www.facebook.com/p/Above-and-Beyond-Care-Behavioral-Health-100081125628172/?_rdr
Cost: Medicaid and other private insurance
Target Population: 18 and older
*ABC provides a comprehensive range of substance abuse outpatient services including, individual, group therapy and case management.*

**Arrowhead Behavioral Health**
1725 Timber Line Rd., Maumee, OH 43537
419-891-9333 | https://arrowheadbehavioral.com/
Cost: Medicaid and Private Insurance
Target Population: 18 and older
*Inpatient and Outpatient Addiction Treatment Program and Medication Assisted Treatment*

**Attain Behavioral Health**
3231 Central Park West # 106, Toledo, OH 43617
888-442-2323 | https://www.attainbh.com/
Cost: Medicaid and Private Insurance
Target Population: 18 and older
*Drug & Alcohol Rehab | Addiction Treatment In Toledo, Ohio:*
*Outpatient Substance Use, case management, and medication management.*

**Benchmark Behavioral Health**
500 Madison Ave., Toledo, OH 43604
PH: 419-690-4544 | Fax: 866-881-2236
https://benchmarkih.com/
Cost: Medicaid
Target Population: 18 and older
*Outpatient substance abuse services navigating the recovery process including alcohol and other drugs*

**BrightView**
1655 Holland Rd., F Maumee, OH 43537
866-934-7450
https://www.brightviewhealth.com/locations/toledo-addiction-treatment-center/
Cost: Medicaid, Medicare and other private insurance
Target Population: 18 and older
*Offering services including Medication assisted treatment, Individual treat, group therapy, case management, and recovery support Outpatient addiction medicine practice based on clinical best practices. Through the use of treatment in conjunction with psychological and social services.*

**Caregiver Grove**
1946 N. 13th St., Suite 450 Toledo, OH 43604
3950 Sunforest Ct., Ste 207, Toledo, OH 43623
419-720-6811
https://www.caregivergrove.com/
Cost: Medicaid and other private insurance
Target Population: 18 and older
*Treatment program focuses on utilizing client-centered approaches for individuals choosing to live a life without the use of substances, including alcohol.*

**Chrysalis to Monarch** (Harbor)
7140 Port Sylvania Dr., Toledo, OH 43617
567-408-7242
Cost: Medicaid and other private insurance
Target Population: 18 and older
*24/7 Residential tx program offering services to pregnant/post-partum (up to 12 months postpartum) women with an addiction to substances. Clients must be an Ohio resident, 18yrs or older.*

**Empowered For Excellence Behavioral Health**
3170 W. Central Ave., Toledo, OH 43606
567-316-7253 | https://www.efebhoh.org/
Cost: Medicaid and Private Insurance
Target Population: Youth and Adult
*Assessments, treatment planning, case management, PHP, IOP, and OP voluntary clients as well as court ordered clients with the goal of reaching and maintaining sobriety.*
*** Recovery Campus (residential)- Sober living center for individuals who are recovering from substance abuse. Men and Women housed on different floors and have room for 70 people.*
*** Dual diagnosis assessment including substance abuse for youth provided*

**Glenbeigh Outpatient Center of Toledo**
3425 Executive Pkwy., Ste 207, Toledo, OH 43606
419-536-4000
https://glenbeigh.com/toledo
Cost: Financial assistance through an application process (approval is not guaranteed)
Target Population: 18 and older
*Glenbeigh's outpatient tx and recovery centers provide tx and recovery services to individuals while they continue to work, attend school and live at home.*
** Specialty Hospitals located in Northeast Ohio Private Insurance.*

**Harbor**
3909 Woodley Rd., Toledo, OH 43606
419-725-3330
https://www.harbor.org/
Cost: Medicaid, Medicare and other private insurance
Target Population: 18 and older
*AOD treatment starts with an assessment to determine the person's individual needs.*
*Services include: IOP, NIOP Urinalysis, Medication Assisted Treatment (MAT).*

**Midwest Recovery Center**
7540 New West Rd., Toledo, OH 43617
419-273-6791 | https://www.midwestrecoverycenter.com/
Cost: Medicaid and Private Insurance
Target Population: 18 and older
*Partial Hospitalization Program, IOP, Outpatient Therapy and Addiction Treatment Therapies*

**New Concepts Behavioral Health**
111 S. Bryne Rd., Toledo, Ohio 43615
419-531-5544
www.newconcepts.org
New Concepts Behavioral Health in Toledo, Ohio offers a variety of services, including:

- **Behavioral Health Care**: Comprehensive mental health services for individuals of all ages.
- **Substance Use Treatment**: Programs for substance use disorders, including medication-assisted treatment.
- **Counseling Services**: Individual, group, and family counseling to support recovery.
- **Case Management**: Care coordination to help clients navigate their treatment options.
- **Assessment and Evaluation**: Screening and assessment services to determine treatment needs.
- **Supportive Programs**: Services designed to promote lifelong wellness and recovery.

**New Perspectives**
500 Madison Ave. Suite 340 Toledo, Oh 43604
419-360-8251 | www.newperspectivessoberliving.org
Target Population: Men, ages 18 years or older
Cost: Medicaid and most third-party Insurances. Private pay is available (sliding fee).
*Provides an alternative, temporary supportive environment for adult men ages 18 years or older, who are currently in recovery from a drug and/or alcohol addiction. We serve our community by helping men gain the skills to maintain a stable, productive life, free from drug and alcohol addiction.*

**New Vision**
**Located in Wood County Hospital in Bowling Green Ohio
950 W. Wooster St., Bowling Green, OH 43402
419-728-0604
https://www.rehab.com/new-vision-wood-county-hospital-bowling-green
Cost: Self pay, private insurance and some public insurance.
Target Population: 18 and older
*Inpatient medical stabilization service for adults with drug, alcohol and related health issues, short term stay (between 3 and 5 days) in a hospital environment under the supervision of a medical director and nursing staff. Offers case management and discharge planning among other services.*

**OhioGuidestone**
1832 Adams St., Toledo, OH 43604
419-720-9247
Cost: Medicaid and other private insurance
Target Population: 18 and older
https://ohioguidestone.org/
*NIOP (Non-Intensive Outpatient) treatment, Intensive Outpatient Treatment, Medication Assisted Recovery, Individual/Group Counseling.*

**St. Vincent's Mother/Child Dependency Program**
2200 Jefferson Ave., Toledo, OH 43604
419-251-4504
https://www.mercy.com/about-us/regions/toledo/toledo-community-programs
Cost: Free no cost
Target Population: 18 and older
*Specialized case management services help improve outcomes for opiate-using pregnant mothers and their babies. Our case manager can help you find an OB who is knowledgeable about addictions, reduce barriers to following through with prenatal care and substance abuse treatment, provide on-going support to stay sober, and connect you with available community resources and needed baby items.*

**Talbot Health Services**
732 Main St., Toledo, OH 43605
833-762-1013 | https://talbothealthservices.com/
Cost: Medicaid and other private insurance
Target Population: 18 and older
*Outpatient, Intensive Outpatient, Partial Hospitalization, Residential Treatment, Diagnostic Assessment, Individual Counseling, Group Counseling, and Medically Assisted Recovery*

**Team Recovery**
Corporate Headquarters: 4888 Whiteford Road, Toledo, OH 43623
844-561-5433 (LIFE)
Website: https://theteamrecovery.org/
Email: admissions@theteamrecovery.org
Population Serviced: 18 and older
Insurance: Medicaid, Ohio Medicaid eligible and Self-Pay

Outpatient Address: 4352 West Sylvania Avenue Suite A Toledo, OH 43623
*Outpatient Services: Ambulatory Detox, PHP, IOP and OP. Medication Assisted Treatment (MAT), Peer Support Services, Crisis Team, Case Management, Individual Therapy, Day Treatment.*
*ORH Recovery Housing available separately.*

Inpatient Address: 5217 Monroe Street Toledo, OH 43623
*Inpatient Services: Inpatient Detox, Inpatient Residential (up to 30 days), Medication Assisted Treatment (MAT), Peer Support Services, Crisis Team, Case Management, Individual Therapy, Day Treatment*

**Team Recovery**
1618 W. Sylvania Ave., Toledo, OH 43612
844-561-5433
https://theteamrecovery.org/
Cost: Medicaid and other private insurance
Target Population: 18 and Older
https://theteamrecovery.org/
*Intensive Outpatient Services (IOP) that offers easy and flexible access to treatment services, while allowing the client to comfortably navigate their day-to-day routine. Case management, Medication Assisted Treatment, EDMR Therapy is offered. Family Support Groups are also held at this location.*

**The Pinnacle Treatment Center** (Toledo Treatment Services)
115 S. Reynolds Rd., Toledo, OH 43615
419-725-6631
https://pinnacletreatment.com/location/ohio/toledo/toledo-treatment-services/?utm_source=Google&utm_medium=GMB_Profile&utm_campaign=GMB
Cost: Insured, under-insured, or self-pay, a financial plan is developed that matches the clients means and needs.
Target Population: 18 and older
*Pinnacle Treatment Centers offer a wide range of therapeutic approaches for patients struggling with alcohol and substance use disorders.*

**Turning Point Behavioral Health**
5650 W. Central Ave., Suite C1, Toledo, OH 43615
419-517-7776
https://www.linkedin.com/company/turning-point-residential-behavioral-health-services/
Cost: Medicaid
Target Population: 18 and older
*Outpatient Substance Use, case management, Medication Management and Residential treatment*

**Unison**
1212 Cherry St., Toledo, OH 43608
419-693-0631
https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp
Cost: Medicaid and other private insurance
Target Populations:

- 18 and older
  *IOP, family counseling and case management to help the client achieve and maintain sobriety. For those eligible, Unison also offers medication assisted treatment. Unison offers a sub-acute detox program that provides 24hour detox for adult women and men.*
- Youth ages 11+
  *Out-Patient substance use treatment for youth 11+. Unison will utilize the "seven challenges" model to service youth in need of substance abuse treatment.*

**Vital Health**
111 Clinton St., Maumee, OH 43537
419-740-3022 | https://vitalhcare.com/
Cost: Medicaid and Private Insurance
Target Population: Youth and Adult
*Addiction and alcohol treatment program that provides individualized treatment plans including inpatient, outpatient, and residential care.*
***Will also provide substance use services for youth as well as diagnostic assessments including substance use*

**Zepf Center - SASI**
2005 Ashland Ave., Toledo, OH 43620
419-841-7701
https://www.zepfcenter.org/?utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp
Cost: Medicaid and Private Insurance
Target Population: 18 and older
*24/7 detox admission line, In- patient services, Medically Monitored Withdraw Management (Detox), Clinically Managed Residential Withdrawal Management, Medication Assisted Treatment in combination with counseling and therapy*

**Zepf (M.O.M.S**) - Maternal Opiate Medical Support
2005 Ashland Ave., Toledo, OH 43620
419-841-7701
https://www.zepfcenter.org/news/2023/10/18/integrated-care/building-teams-for-healthy-moms-babies
Cost: No fee for service- grant based
Target Population: 18 and older
*M.O.M.S program utilizes Maternal Care Home (MCH) model to engage and empower expecting mothers in coordinated care wrap-around services including pre and post-natal care, counseling, medication assisted treatment (MAT), recovery support and care management.*

# Women Who Use Violence

**Providence (Beach House Ashland)**
2283 Ashland Ave., Toledo OH 43620
419-244-0666 | https://www.lfhtoledo.org/beach-house-ashland
Cost: $20/session
Timeframe: 26 Weeks
Target Population: 18 and up
*PLEASE NOTE: this class is for DV perpetrators.*
*Clients will learn and identify some personal characteristics associated with their personal histories, different types of abuse, and effective communication/ relationship strategies as they move through the 3-phase process.*
*The initial and final visits are done one-on-one for pre and post assessment purposes.*

**Unison Health**
1212 Cherry St., Toledo, OH 43608 (**Group meets at Bowling Green Location and Starr Ave. Location)
419-214-4673 | https://www.unisonhealth.org/
Cost: Medicaid/Ins covered or $130/Assessment, $60/Session
Timeframe: 12 Weeks
Target Population: 18 and up
*For women who have used any form of violence with an intimate partner Curriculum follows the Turning Point model, VISTA Program and Dialectical Behavior Therapy. Women will gain an understanding of the connection between their actions, emotions and work towards accepting responsibility for their use of force.*

# Youth Mental Health

**Benchmark Integrated Health**
500 Madison Ave., Toledo, OH 43604
419-690-4544
https://benchmarkih.com/
Cost: Medicaid
Target Population**:** Ages 5-17
*Mental Health services for youth.*

**Beyond Healthcare**
3110 W. Central Ave., Suite A, Toledo, OH 43606
866-645-5556
https://www.beyondhc.com/
Cost: Medicaid, Commercial & Private Insurance
Target Population: Youth, Young Adults & Adults
*Beyond Healthcare's mission is to provide holistic mental healthcare to youth, young adults & adults. We provide two intensive programs for school aged youth ages 11-18, including our full-day Partial Hospitalization Program (PHP) and after-school Intensive Outpatient Program (IOP), which are held within a group setting, creating a supportive and inclusive environment. We also provide two virtual programs including our virtual Young Adult Intensive Outpatient Program (IOP) for ages 18-28 and our virtual Medication Management Program for ages 10-60. Some services included are individual therapy, family therapy, medication management, education and more.*

**Caregiver Grove Behavioral Health**
3950 Sunforest Ct., STE 207, Toledo, OH 43623
419-720-6811
https://www.caregivergrove.com/
Cost: Medicaid and private insurance
Target Population**:** Ages 5-17
*Services provided: Group therapy, Case management, Individual counseling, and Family-centered approach*

**Charlie Health**
Email: admissions@charliehealth.com
Online: https://outreach.charliehealth.com/regions/midwest
Fax: 406-720-7793
Admissions Phone: 866-491-5196
Charlie Health is providing life-saving mental health treatment to ages 11-34.
Our virtual intensive outpatient program combines personalized care with peer connection to foster long-term healing. Charlie Health uses an evidence-based approach that's proven to work that has been an effective treatment option for many. The best part is, everyone can participate from the comfort of their own homes.
Making a referral to Charlie Health -- Please share patient name, DOB, contact info, and insurance (if possible) through your preferred channel.

**Cadance Care Network**
5330 Heatherdowns Blvd Ste 100
Toledo, OH 43614
330-544-8005 ext. 2701
www.cadencecare.org
*Cadence Care Network is a nonprofit agency focusing on the behavioral and emotional well-being of children and teenagers. We provide a continuum of outcome focused and family centered treatment services helping those we serve to live their best possible life.*

**Individual Therapy:**
Target population: 5-18
Cost: Medicaid Only (Aetna, Buckeye Health Plan, CareSource, Molina, UnitedHealth)
Our skilled therapists at Cadence Care offer personalized individual and group counseling to children and young adults struggling with behavioral and emotional health. Our goal is to help clients, and their families find healing and hope. These services help our clients work through the emotional impact of life situations. Licensed counselors and social workers offer goal-oriented counseling in a setting appropriate to each client's unique needs, including the home, community, or office. These services help our clients work through the emotional impact of life situations, such as grief/loss, trauma, bullying, separation from family supports, and peer/family relations.

**Intensive Home-Based Therapy (IHBT)**
Target Population: 7-12
Cost: Medicaid only (Aetna, Buckeye Health Plan, CareSource, Molina, UnitedHealth)
Cadence Care Network provides comprehensive, strengths-based support for children ages 7–12 and their families. Delivered in the home, school, and community, IHBT aims to stabilize families, strengthen relationships, and build resilience. A dedicated team, therapist and case manager, offers counseling, case management, and psychiatric care tailored to each family's unique needs, addressing mental health, substance use, school, family, peer, and community challenges.

Cadence Care Network's Intensive Home-Based Treatment program (IHBT) works with youth who have been diagnosed with severe emotional problems and are not functioning well in many areas of their lives. These can include:

- Family & Relationship Disruption
- School Issues
- Juvenile Court Involvement
- Substance Abuse
- Severe Depression/Anxiety
- Mental Health Crisis History
- Out-of-Home Placement Risk

**Community Teaching Homes**
6715 Dorr St., Toledo, OH 43615
419-868-1178
https://www.cthohio.org/
Cost: Medicaid and private insurance
Target Population: All youth
*Community Teaching Homes, Inc. (CTH) is a private nonprofit agency who is uniquely designed to provide a continuum of care for person served with mental health, addiction, childhood maltreatment, sexual abusive behaviors, and other behavioral health concerns. CTH was established in 2002 with the vision of creating a continuum of services while promoting opportunities for youth and families to build healthy, healing relationships.*

**Empowered for Excellence Behavioral Health**
3170 W. Central Ave., Toledo, OH 43606
567-316-7253
https://efebhoh.org/
Cost: Medicaid and private insurance
Target Population**:** Ages 5-17
*Youth Day Treatment that provides behavioral health services, individual therapy, crisis support, case management*
*** Dual diagnosis assessment including substance abuse for youth provided*

**Family and Child Abuse Prevention Center**
2460 Cherry St., Toledo, OH 43608
419-244-3053
https://www.fcapc.org/
Cost: Medicaid
Target Population**:** Ages 3-17
*Children Who Witness Violence Support Group educates children on the topics of personal safety, support systems, violence prevention, emotional management, coping strategies, and building self-esteem.*
*Long-term individual counseling and psychiatric services available.*

**Harbor - Early Childhood Mental Health Consultation**
123 N. 22nd St., Toledo, OH 43604
419-241-6191
https://www.harbor.org/
Target Population:

- Ages 0-5: Early Childhood Mental Health Consultation Program works to treat and reduce Preschool Expulsions. Provider will go to weekly and work with childcare center on social/emotional coaching, provide observations and suggestions on how to work with children.
    - Cost: Free- Grant funded.
- Ages 5-17: A mental health assessment determines whether you have symptoms associated with mental or emotional disorders. Once diagnosed, Harbor provides counseling services and a treatment plan for recovery (multiple locations)
    - Cost: Medicaid and private insurance.

**The Hearts Haven Counseling**
Toledo Location: 3454 Oak Alley Court, Toledo Ohio 43615 (Suite 304 and Suite 305)
Perrysburg Location: 134 West South Boundary Street, Perrysburg Ohio 43551 (Suite AA)
Leonna Jackson LISW-S, LICDC Owner and Therapist
Ph: 567-694-5028
Fax: 567-429-0185

**Services and specialized interventions:** Individual counseling for adults, Individual counseling for children and adolescents age 5-17 years of age, couples and marriage counseling, family counseling, and diagnostic assessments. The Heart's Haven Center for Counseling has therapists specializing in Eye movement desensitization and reprocessing therapy (EMDR), Trauma. Depressive disorders, anxiety disorders, eating disorders, grief, obsessive compulsive disorders, gender dysphoria, life transitions, and emotional support animal assessment/evaluation.

**H.Y.P.E (Helping Young People Excel)**
4333 Monroe Street, Suite F & G, Toledo, Ohio 43606
419-724-4973 | https://www.hypeoflucas.com/
*Individually therapy, family and group therapy, treatment for depression, mindfulness techniques, and more.*

**Kids Thrive**
1030 Clay Avenue Toledo, Ohio 43608
513-740-1001
https://kidsthrivebh.com/programs/
Insurances: Currently accepting Medicaid only at this time.
Target Audience: children ages 3 to 10
*Kids Thrives offers Pediatric behavioral health services Kids Thrive provides the highest level of care for children ages 3-12 years old with a mental health diagnosis. Clients enrolled in Kids Thrive receive a full day of therapeutic programming to assist with improving their behaviors and functioning across environments.*

**Lutheran Social Services of Northwestern Ohio**
2149 Collingwood Blvd., Toledo, OH 43620
419-243-9178
https://www.lssnwo.org/
Cost: Medicaid
Target Population**:** Ages 5-17
*Licensed therapists provide mental health counseling services for adolescents.*

**My Achievement Center**
(419) 376-0660
Facebook: https://www.facebook.com/myachievementcentertoledo/
Cost: Medicaid and private insurance
*My Achievement Center (M.A.C) mission is to address multiple dimensions of wellness to help one make the best choices from a place of self-awareness to be the best version of oneself. M.A.C achieves this mission by using non-traditional therapeutic approaches that are fun and engaging to teach emotion management techniques and social skills.*

**New Concepts Behavioral Health**
111 S. Bryne Rd., Toledo, Ohio 43615
419-531-5544
www.newconcepts.org
New Concepts Behavioral Health in Toledo, Ohio offers a variety of services, including:

- **Behavioral Health Care**: Comprehensive mental health services for individuals of all ages.
- **Substance Use Treatment**: Programs for substance use disorders, including medication-assisted treatment.
- **Counseling Services**: Individual, group, and family counseling to support recovery.
- **Case Management**: Care coordination to help clients navigate their treatment options.
- **Assessment and Evaluation**: Screening and assessment services to determine treatment needs.
- **Supportive Programs**: Services designed to promote lifelong wellness and recovery.

**Ohio Behavioral Diversion & Treatment Center**
(567) 203-3375
Facebook: https://www.facebook.com/people/Ohio-Behavioral-Diversion-Treatment-Center/100094498869075/?_rdr
Cost: Medicaid and private insurance
Target Population: Ages 7-18
*A non-profit private practice looking to services the mental health and substance use needs of young people. This agency looks to provide mental health and AOD treatment services for youth 7-18yrs old. They offer behavioral modification services in a safe and therapeutic environment where youth can receive intensive outpatient and mentorship services.*

**Ohio Guidestone**
1832 Adams St., Toledo, OH 43604
419-720-9247
https://ohioguidestone.org/
Cost: Medicaid and private insurance
Target Population**:**

1. **Ages 0-6**
    - *Specialized treatment approach designed to assist families in strengthening relationships while addressing the specific mental health needs of the young child. This comprehensive program is family-centered and child-focused, stressing the importance of the parent-child relationship. Our therapists possess specialized knowledge, training, and experience working with parents and their young children.*
2. **Ages 6-17**
    - *Mental health services for teens and children are designed to address different issues based on what works best for the client. We provide mental health care in schools, offices and court-mandated programs.*

**OhioRise**
1212 Cherry St., Toledo, OH 43608
419-693-0631
https://www.unisonhealth.org/services/ohio-rise/
Cost: Medicaid
Target Population**:** Youth under the age of 21
*OhioRise provides support to children and youth, families/caregivers and their circles of support. It's a whole-family approach to care for Ohio that aims to keep kids and families together. They will help clients find their way to specialized behavioral health services and supports close to home and in their community.*

**RFS Behavioral Health** (Tackle)
830 N. Summit St., Suite 2, Toledo, OH 43604
419-693-9600
https://www.rfstackle.com/
Target Population**:** Ages 5-17
*Behavioral health services for children. They exclusively provide outpatient and school based mental health services that include drug abuse, ADHD, depression, anxiety, trauma, and family issues.*

**The Ohio Behavioral Diversion & Treatment Center**
(567) 203-3375 | Website: www.behavioraldiversion.com | Email: ohio@behavioraldiversion.com
Target Population: Children ages 7-18 yrs old
*The Ohio Behavioral Diversion & Treatment Center is a mentoring agency that serves the youth of Lucas County ages 7-18 yrs old who struggle with in-home/at school behaviors, gang behavior/violence, mental health/substance abuse and/or probation/parole supervision. In partnership with TPS and the University of Toledo, we are equipped to provide mentoring services that include but not limited to; Leadership Development, Tutoring and Homework help, Extracurricular Activities, College Prep & Career Development, Volunteering Opportunities, Finance Development, as well as pre construction training just to name a few. We are a community based program and accept insurance of all types.*

**The Sophia Center**
5335 Silica Dr., Sylvania, OH 43560
419-882-4529
https://sophia.center/
Cost: Medicaid and private insurance
Target Population: All youth
*Provides psychiatric and therapy services, case management, diagnostic assessments, crisis intervention, and wellness programs.*

**Unison Health**
1212 Cherry St., Toledo, OH 43608
419-693-0631 | https://www.unisonhealth.org/

- https://www.unisonhealth.org/locations/toledo/cherry-street/?back=locations&utm_source=cumulus&utm_medium=onlinepresence&utm_campaign=gbp

Cost: Medicaid and private insurance
Target Population**:**

1. **Ages 0-5 & 5-17**
   - Early Childhood Mental Health Therapy Teams: Support the parents and guardians of young children by offering treatment services (family and individual therapy) and parenting groups.
   - Early Childhood Mental Health Consultation: This service is for children who attend day care or preschool in Lucas, Sandusky and Seneca counties. This initiative was started in an effort to reduce the rate of kindergarten suspensions.
2. **Ages 3-18:** Youth medication management

**Vital Health**
111 Clinton St., Maumee, OH 43537
419-740-3022
https://vitalhcare.com/
Cost: Medicaid and private insurance
Target Population: Youth
Youth addiction and mental health treatment is a form of treatment designed specifically for young people struggling with substance use disorders or mental health conditions. Treatment for youth may involve a variety of therapies and support services, such as individual counseling, group therapy, family therapy, and medication management.
** Dual Diagnostic assessments including substance use for adolescents.

**Youth Advocate Program (YAP) - MENTORING SERVICE**
1709 Spielbusch Suite 200, Toledo, OH 43604
419-255-3880
https://www.yapinc.org/
Cost: LCCS Contracted Service (please submit a referral)
Target Population**:** Ages 12-17
*24-hour crisis management/mentoring services to youth ages 12 & up who are at risk of disrupting from foster placement, relative placement, or from their own home.*

**Zepf Center**

Two Locations:

- 424 W. Woodruff Ave., Toledo, OH 43605 | 6605 W. Central Ave., Toledo, OH 43617

419-841-7701

https://www.zepfcenter.org/

Cost: Medicaid and private insurance

Target Populations**:**

- Ages 2-22: Provides psychiatric and therapy services, case management, diagnostic assessments, crisis intervention, and wellness programs.
- Ages 2-7: Parent Child Interaction Therapy (PCIT)- evidence based treatment program designed for caregivers and young children who are experiencing social, behavioral/emotional difficulties with the goal to improve the quality of the parent-child relationship.
- Ages 17-25: Transitional Youth Program (TYP)- empowers young adults in managing their mental health symptoms and developing independent living social, emotional, and vocational skills.